

# Long View RANCH

## Packing List for an LVR Action Camp Week!!!

- Sleeping bag or linens for a single mattress
- Pillow
- 2 towels
- Bathroom stuff ( soap,  toothpaste,  toothbrush,  shampoo, etc.)
- Socks and under garments for a week
- 2 pairs of shoes (an extra pair in case one gets wet. Keep in mind the activities we will be doing throughout the week: paintball, horseback riding, canoeing, running, hiking, ect.)
- Shoes for the river (water shoes, sport sandals, old shoes, **avoid flip-flops**)
- Clothes for paintball (maybe some camo. definitely long sleeve & pants, etc.)
- Sweatshirt and jeans (it could get chilly)
- Shorts and t-shirts (no short-shorts or spaghetti straps for girls, please)
- Rain gear or nylon Jacket
- Plastic bags for wet/dirty clothes
- One piece bathing suit/swimming trunks
- Bible
- Flashlight

---

---

---

---

---

---

---

---

---

---

## Do Not Pack!!

- Any item that might be harmful to your child or others (Meds that are not turned into the nurse, weapons, lighters, fireworks, pocket knives, etc.)
- Electronics of any kind (We will lock up electronics the 1<sup>st</sup> day of camp, and give them back on the last day of camp)